

## KINDERGARTEN = WEEK 5

### ☀ BALL HANDLING

### ☀ JOG & DRIBBLE (Review dribble)

#### A. DRIBBLE TO CENTER CIRCLE AND BACK

- ☀ Set up four cones. Dribble & then shoot. Own rebound and dribble outside cones back to line. Next person goes while other is shooting

#### B. REVIEW PASS

#### CHEST/BOUNCE. TEACH OVERHEAD

- ☀ Coach pass to each w/out looking and surprise receiver

#### C. TRIPLE THREAT (REVIEW)

#### D. PIVOT (REVIEW)

#### E. DEFENSE STANCE (REVIEW)

#### F. SHOOTING (REVIEW)

1/2 CLASS = LAYUPS

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1/2 CLASS - Monkey in middle

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EXTRA = DRIBBLE TAG

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